



‘My sheep hear my voice, and I know them, and they follow me.’ John 10:27

Parsons Heath Primary School Curriculum Design – PSHE

‘At Parsons Heath Church of England Primary School, we are inspired by the example of Jesus, the Good Shepherd, who cares for his sheep. Our vision is embedded in the imagery of God/Jesus as the Good Shepherd. We view school as the shepherd, guiding all members through daily life. We follow the example that Jesus gave us using our Christian Values of Belonging, Kindness and Resilience. As the Good Shepherd tends his sheep, so we nurture our school community in a safe, secure environment to ensure that they thrive and fulfil their potential as good shepherds of the future.’

Our Curriculum Drivers

Active Learners We want our children to participate in a curriculum that promotes physical activity to develop collaboration, confidence and resilience. Our children will recognise the importance of physical activity on their emotional well-being.	Independence We want our children to be able to work both individually and as part of a team and have the resilience to take on new and difficult challenges. With this independence we want all our children to strive to reach their highest personal achievement in all aspects of schooling, community action and life-long learning.
Belonging We want our children to be proud to belong to Parsons Heath C of E Primary School. We are a church school and belong to a wider community of Christians and other faiths. We fit together as individuals, classes, a school, within the community, in the United Kingdom and the World.	Communication We want our children to become articulate communicators, attentive listeners and speak confidently in a variety of situations and ultimately express oneself fluently.
Happiness We want our children to thrive in a positive, safe and calm environment. Our community promotes health in body, mind and spirit. We encourage children to build resilience to be happy, successful and confident people.	

Our Christian Values

Belonging	Kindness	Resilience
------------------	-----------------	-------------------

Subject Statement of Intent (with links to Curriculum Drivers and Christian Values)

At Parsons Heath Primary School, our curriculum aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

Kapow Primary's RSE/PSHE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. The scheme also covers wider PSHE learning, in line with the requirement of the National curriculum (2014) that schools 'should make provision for personal, social, health and economic education (PSHE).'

We hope children's learning through this scheme will significantly contribute to their personal development as set out in the Ofsted Inspection Framework and promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

Quality PSHE and RSE teaching is an important element in helping schools to carry out their duty of care with regards to safeguarding. The DfE's statutory 'Keeping Children Safe in Education (Sep 2020)' guidance states that 'Governing bodies and proprietors should ensure that children are taught about safeguarding, including online safety. Schools should consider this as part of providing a broad and balanced curriculum'.

Subject Implementation

The Kapow Primary scheme is a whole school approach that consists of five areas of learning:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship

- Economic wellbeing

Each area is revisited every year from Year 1 – Year 6 to allow children to build on prior learning. The lessons also provide a progressive programme. The lessons are based upon the statutory requirements for Relationships and Health education, but where the lessons go beyond these requirements (primarily in the Citizenship and Economic well-being areas) they refer to the PSHE Association's Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered throughout our scheme.

The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, belonging, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In each year group, an introductory lesson provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment.

All lessons include differentiation to stretch the most able learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges, including how and where to access help. The role of parents and carers is recognised, and guidance is provided to assist schools on how to work with them and include them in their children's learning.

Subject Impact

Each lesson within Kapow Primary's scheme features assessment guidance, helping teachers to identify whether pupils have met, exceeded, or failed to meet the desired learning intentions for that lesson. Each unit of lessons comes with an Assessment quiz and Knowledge catcher.

The quiz contains 10 questions, nine of which are multiple-choice and can be used either at the end of the unit or at both the start and the end to help measure progress and identify any gaps in learning. The Knowledge catchers list some of the lesson titles in mind-map or table format and can be used at the start of a unit to see what the children already know and to inform planning, and then pupils can revisit the same version of the Knowledge catcher at the end of the unit to add what else they now know, further demonstrating their progression in learning.

Once taught the full scheme, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilise their learning within their daily lives, from dealing with friendship issues, to resilience, to making healthy choices and knowing where and how to get help when needed.

Long Term plan

PSHE RSE/PSED	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	How can we look after our emotions?	Connecting with others: How can I help myself and others feel happy and safe?	How do we spend time online?	Citizenship: How can I help others and the environment?	Connecting with others: How can I protect myself and others in daily life?	Staying safe: How can I stay safe?
Year 2	My healthy self: How can we look after our bodies?	Connecting with others: How can I build safe, kind and caring relationships with others?	The online world: How are things shared online?	Citizenship: How do people belong to a community and earn money?	Staying safe: How can I make safe choices in different places?	Growing up: How can we look after and respect our bodies as we grow?
Year 3	My healthy self: How can I take care of my mind and my body?	Connecting with others: What helps us feel safe and included?	The online world: How should we communicate online?	How do we spend time online?	Healthy protection: How can we prevent illness and injury and respond if they happen?	Citizenship: What careers do people choose and why?

Year 4	My healthy self: How can I make healthy choices?	Connecting with others: How can we respect each other?	The online world: How can I evaluate what I see online?	Citizenship: How can I spend my money wisely?	Staying safe: What signs help me recognise what is safe or unsafe?	Growing up: How will my body and emotions change as I grow up?
Year 5	How can I support my mind and body as I grow?	Connecting with others: Why are healthy relationships important?	The online world: How am I influenced by what I see online?	Citizenship: How can we make a difference in our communities and beyond?	Citizenship: How can we be in control of our money?	Growing up: How can I manage the changes in my body and emotions as I grow up?
Year 6	My healthy self: How do my choices today shape my future well-being?	Connecting with others: What does it mean to stand up for myself and others	The online world: How do I feel about being online?	Citizenship: How can we protect everyone's rights?	Staying safe: How can I stay safe as I grow up?	Sex education: How do people become parents and carers?